

## Contact Details of DPMUs Staff & District Official's as on 21-03-2024

SI No	Name of the District	Designation	Name	Contact No./ Mobile No.	Email Ids
1	East Garo Hills	DM&HO	Dr. Cruzies E. N Sangma	7005062293	<a href="mailto:nrhm_williamnagar@yahoo.in">nrhm_williamnagar@yahoo.in</a>
		ADM&HO	Dr. Bibha R Marak	6009875507	<a href="mailto:mph5bibamarak@gmail.com">mph5bibamarak@gmail.com</a>
		DMCHO (DIO)	Dr. Zeetha M. Sangma	9862927406	<a href="mailto:nrhm_williamnagar@yahoo.in">nrhm_williamnagar@yahoo.in</a>
		DPM	Karak Sangma	8415088546	<a href="mailto:nrhm_williamnagar@yahoo.in">nrhm_williamnagar@yahoo.in</a>
		DAM	Sanstar G Momin	8132078493	<a href="mailto:nrhm_williamnagar@yahoo.in">nrhm_williamnagar@yahoo.in</a>
		DDM	Salnang K.Marak	98634 16315	<a href="mailto:nrhm_williamnagar@yahoo.in">nrhm_williamnagar@yahoo.in</a>
2	East Jaintia Hills	DM&HO	Dr. Dominic Shylla	7085237015	<a href="mailto:dmho.ejhd@gmail.com">dmho.ejhd@gmail.com</a>
		DMCHO (DIO)	Dr. Nidamon Pahoh Suchiang	7005208253	<a href="mailto:dpmu.nhm.ejhd2021@gmail.com">dpmu.nhm.ejhd2021@gmail.com</a>
		DPM	Ariston Dhar	9615068693	<a href="mailto:dpmu.nhm.ejhd2021@gmail.com">dpmu.nhm.ejhd2021@gmail.com</a>
		DAM	Remind Passah	8974319182	<a href="mailto:rpassah@gmail.com">rpassah@gmail.com</a>
		DDM	Risakmenlang Khongsam	7005230959	<a href="mailto:sparta.sumer@gmail.com">sparta.sumer@gmail.com</a>
3	East Khasi Hills	DM&HO	Dr. S A Lyngdoh	9402105854	<a href="mailto:ekh_nrhm@yahoo.co.in">ekh_nrhm@yahoo.co.in</a>
		ADM&HO	Dr. J. K Sangma	9863843617	<a href="mailto:ekh_nrhm@yahoo.co.in">ekh_nrhm@yahoo.co.in</a>
		DMCHO (DIO)	Dr. E. L. Kharmutee	9863088080	<a href="mailto:ekh_nrhm@yahoo.co.in">ekh_nrhm@yahoo.co.in</a>
		DPM	Wishmanly Pamdhai	98621 43710	<a href="mailto:dpm.nhm.shillong@gmail.com">dpm.nhm.shillong@gmail.com</a>
		DAM	Iairisa Mitri	8787301641	<a href="mailto:risamitri@gmail.com">risamitri@gmail.com</a>
		DDM	Benedict Lyndem	9862622452	<a href="mailto:benedict_lyndem@yahoo.com">benedict_lyndem@yahoo.com</a>
4	North Garo Hills	DM&HO	Dr. (Mrs.) Sombari Boro	8258825704	<a href="mailto:dmho.ngh.megh@gmail.com">dmho.ngh.megh@gmail.com</a>
		ADM&HO	-	-	-
		DIO (incharge)	Dr. (Mrs.) Rezia Sangma	8730012685	<a href="mailto:sangmarezia4@gmail.com">sangmarezia4@gmail.com</a>
		DPM	Peter Damian Momin	7005369390	<a href="mailto:peter05damian@gmail.com">peter05damian@gmail.com</a>
		DAM	Arnon G. Momin	9856894997	<a href="mailto:arnonmomin@gmail.com">arnonmomin@gmail.com</a>
		DDM	Peter Paul Ch. Marak	9612702352	<a href="mailto:peterpaulmarak@gmail.com">peterpaulmarak@gmail.com</a>
5	Ri-Bhoi	DM&HO	Dr. (Mrs) T.S.Momin	8837410810	<a href="mailto:nhmribhoi@gmail.com">nhmribhoi@gmail.com</a>
		ADM&HO	Dr. (Mrs) A. R. Marak	9366442652	<a href="mailto:daphiblah@gmail.com">daphiblah@gmail.com</a>
		DMCHO (DIO)	Dr. M. Lyngdoh	8014710245	<a href="mailto:marinsha@gmail.com">marinsha@gmail.com</a>
		DPM	Smt. Lightsie Marbaniang	98632 51398	<a href="mailto:dpmnhmrbd@gmail.com">dpmnhmrbd@gmail.com</a>
		DAM	Smt. Unity Suchiang	8794177853	<a href="mailto:nhmribhoi@gmail.com">nhmribhoi@gmail.com</a>
		DDM	Shri. Meekeyland Marbaniang	98633 21327	<a href="mailto:ddmrbd@gmail.com">ddmrbd@gmail.com</a>
6	South Garo Hills	DM&HO	Dr. Perosh R. Marak	7005225755	<a href="mailto:sgh.nrhmmegh2021@gmail.com">sgh.nrhmmegh2021@gmail.com</a>
		ADM&HO	Dr. (Mrs) Seema Salena D Sangma	9436115510	<a href="mailto:sgh.nrhmmegh2021@gmail.com">sgh.nrhmmegh2021@gmail.com</a>
		DMCHO (DIO)	Dr. Rikrak Ch. Marak	8415930096	<a href="mailto:sgh.nrhmmegh2021@gmail.com">sgh.nrhmmegh2021@gmail.com</a>
		DPM	Goera Sangma	8414077534	<a href="mailto:goerasangma082@gmail.com">goerasangma082@gmail.com</a>
		DAM	Jessica S Momin	8413928662	<a href="mailto:jessicasakamonin@gmail.com">jessicasakamonin@gmail.com</a>
		DDM	Changchang Licky A Sangma	7005773241	<a href="mailto:changx0102@gmail.com">changx0102@gmail.com</a>
7	South West Garo Hills	DM&HO	Dr. Himangshu Barman	9436707193	<a href="mailto:nhmshwgh@gmail.com">nhmshwgh@gmail.com</a>
		ADM&HO	-	-	-
		DMCHO (DIO)	Dr. Noreen A Sangma	9436112081	<a href="mailto:noreensangma@gmail.com">noreensangma@gmail.com</a>
		DPM	Smt Shirley Sonatchi D Sangma	8837312603	<a href="mailto:shirleysangma1983@gmail.com">shirleysangma1983@gmail.com</a>
		DAM	Shri Ranjeet R. Marak	9612240206	<a href="mailto:marakranjeet@gmail.com">marakranjeet@gmail.com</a>
		DDM	Shri.Roushon Ul Kobir	8974373188	<a href="mailto:roshkbr@gmail.com">roshkbr@gmail.com</a>
8	South West Khasi Hills	DM&HO	Dr. F R Lartang	9436165337	<a href="mailto:richardlartang@gmail.com">richardlartang@gmail.com</a>
		ADM&HO	-	-	-
		DMCHO (DIO)	Dr. W L Narry	7005168115	<a href="mailto:wlnarry@rediffmai.com">wlnarry@rediffmai.com</a>
		DPM	Pynwanborlang Mawsor	97740 69028	<a href="mailto:Pynz83@gmail.com">Pynz83@gmail.com</a>
		DAM	Roddie Bell Wanniang	7005688446	<a href="mailto:roddyjr049@gmail.com">roddyjr049@gmail.com</a>
		DDM	Kyrshanborlang Kharbani	96150 60095	<a href="mailto:kyrshan22@yahoo.in">kyrshan22@yahoo.in</a>
9	West Garo Hills	DM&HO	Dr. Jakrambal A Sangma	8837077983	<a href="mailto:mchgwghtura@yahoo.com">mchgwghtura@yahoo.com</a>
		ADM&HO	Dr. Suparna Hajong	8729964473	<a href="mailto:mchgwghtura@yahoo.com">mchgwghtura@yahoo.com</a>
		DMCHO (DIO)	Dr. Ivonne M Sangma	9436112377	<a href="mailto:ivonnesangma@gmail.com">ivonnesangma@gmail.com</a>
		DPM	Shri. Grevy W Momin	6009099483	<a href="mailto:mchgwghtura@yahoo.com">mchgwghtura@yahoo.com</a>
		DAM	Shri. Lorenzo K Sangma	9615109649	<a href="mailto:lorensangma@gmail.com">lorensangma@gmail.com</a>
		DDM	Shri. Ballion K Sangma	7005657177	<a href="mailto:bsangma5@gmail.com">bsangma5@gmail.com</a>
10	West Jaintia Hills	DM&HO	Dr. Evalyneda B.V.Laloo	9862889778	<a href="mailto:wjhnrhmmegh@gmail.com">wjhnrhmmegh@gmail.com</a>
		ADM&HO	Dr. Kin Dhar	8787653570	<a href="mailto:wjhnrhmmegh@gmail.com">wjhnrhmmegh@gmail.com</a>
		DMCHO (DIO)	Dr. Helen J Uriah	9436106868	<a href="mailto:dmchowjh322@gmail.com">dmchowjh322@gmail.com</a>
		DPM	Rapki Shullai	9402390609	<a href="mailto:rapki.shullai@gmail.com">rapki.shullai@gmail.com</a>
		DAM	Ibanrihun Manners	9863877726	<a href="mailto:ibanrihunmanner@gmail.com">ibanrihunmanner@gmail.com</a>
		DDM	Arki Laloo	98567 10083	<a href="mailto:arki.pl@gmail.com">arki.pl@gmail.com</a>
11	West Khasi Hills	DM&HO	Dr. (Mrs) E. T. Pajat	6009599102	<a href="mailto:teastergift@gmail.com">teastergift@gmail.com</a>
		ADM&HO	-	-	-
		DMCHO (DIO)	Dr. Z. Marak	8131831608	<a href="mailto:zironmarak@gmail.com">zironmarak@gmail.com</a>
		DPM	Ibalahunlin Gympad	8837486940	<a href="mailto:westkhasihills@gmail.com">westkhasihills@gmail.com</a>
		DAM	Bokstar Thongni	8837489695	<a href="mailto:westkhasihills@gmail.com">westkhasihills@gmail.com</a>
		DDM	Kupar Syntem	7005306748	<a href="mailto:ksyntem@gmail.com">ksyntem@gmail.com</a>